

**FOR IMMEDIATE RELEASE**

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## **\$ 2,250 Grant Awarded to Saddle Up! by The Daniel Jordan Fiddle Foundation**

**Franklin, Tennessee** – The Daniel Jordan Fiddle Foundation of Ridgewood, New Jersey has awarded Saddle Up! a grant of \$2,250 to fund summer riding lessons for adolescents with Autistic Spectrum Disorder (ASD).” This is the first grant ever awarded by the foundation in the state of Tennessee,” said Linda Walder Fiddle Executive Director, “and we are thrilled to create an opportunity here for teenagers with ASD to have fun with horseback riding while enhancing their social and communication skills.”

Saddle Up! is Middle Tennessee’s oldest and largest therapeutic riding program which “provides children and youth with disabilities the opportunity to grow and develop through recreational activities with horses.” It is one of only two programs in the state of Tennessee to have earned Premier Accredited Center status through the North American Riding for the Handicapped Association (NARHA), the organization that sets teaching and safety standards for over 700 programs throughout the United States and Canada. Therapeutic riding incorporates specially trained horses, trained volunteers and NARHA Registered instructors to enable challenged children to learn how to care for and ride horses as a form of recreation. For more information about Saddle Up! visit [www.saddleupnashville.org](http://www.saddleupnashville.org)

The Daniel Jordan Fiddle Foundation awards grants nationwide to residential, recreational, vocational, educational and family support programs that enhance the lives of adolescents and adults with Autistic Spectrum Disorder (ASD). In 2007, the foundation will award 21 grants to programs that honor the individuality of each person with ASD and create opportunities to live and work in the community productively. For more information about The Daniel Jordan Fiddle Foundation visit [www.djfiddlefoundation.org](http://www.djfiddlefoundation.org)

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