

NEWS RELEASE

For more information contact:

Cheryl Scutt, Executive Director, 615-794-1150 extension 5 or 615-613-2501 (cell)

FOR IMMEDIATE RELEASE

January 29, 2007

Saddle Up! promotes Peggy Plunkett and Lindsey Rizer

NASHVILLE, Tenn. – Saddle Up!, the region’s oldest and largest recreational therapeutic riding program, announced the promotions of staff members Peggy Plunkett and Lindsey Rizer have been promoted to new positions, effective January 2007.

Plunkett was promoted from Executive Administrator to Business Manager. In her new position, she will provide leadership and management of all financial and administrative functions and is also responsible for technology, software and systems. She will also continue to handle the waiting list intake process for children wanting to participate in the program and will be the staff liaison with the Parents Committee.

A graduate of the University of Kentucky with a degree in journalism and advertising, Plunkett has an extensive background in business and management. Before joining Saddle Up! as Program Administrator, she was Executive Recruiter with Sanford Rose Associates. Plunkett was also a Saddle Up! volunteer before joining the staff in 2003.

Rizer was promoted Lead Instructor to the position of Program Manager/Lead Instructor. She will be responsible for overall program management and leadership. She will continue her responsibilities as Lead Instructor for Saddle Up!’s instructors, all of whom are certified by the North American Riding for the Handicapped Association (NARHA).

Rizer received her Advanced Instructor certification from NARHA in November 2006 after completing a challenging eight-week training course at High Hopes therapeutic riding program in Connecticut. The Advanced degree represents a major milestone. Based on NARHA’s information, only nine instructors in the nation received the Advanced certification for the most recent year statistics were available. In addition, Lindsey is a graduate of MTSU with a double major degree in recreational therapy and recreation administration. She is a Certified Therapeutic Recreation Specialist (CTRS) and has been part of the Saddle Up! staff for two years.

“We’re excited by these promotions,” said Executive Director Cheryl Scutt. “They recognize the talents, experiences and skills both Peggy and Lindsey bring to Saddle Up!. We’re lucky to have two professionals with their backgrounds – and their passion for Saddle Up! – here as we continue to grow and improve the ways we provide services.”

Saddle Up! provides services to children, ages 4 to 18, with documented disabilities.